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# **ADVANCE DIRECTIVE**



### ADVANCE DIRECTIVES OF

To Any Physician Who Is Treating Me, this document contains the following:

- 1. My Appointment of A Health Care Representative
- 2. My Living Will or Health Care Instructions
- 3. My Document of Anatomical Gift
- 4. The Designation of My Conservator Of The Person For My Future Incapacity

As my physician, you may rely on these health care instructions and decisions made by my health care representative or conservator of my person, if I am unable to make a decision for myself. I choose not to appoint a health care representative, please go to the next page.

(Initial here)

## APPOINTMENT OF HEALTH CARE REPRESENTATIVE

I appoint \_\_\_\_\_\_\_to be my health care representative. If my attending physician determines that I am unable to understand and appreciate the nature and consequences of health care decisions and unable to reach and communicate an informed decision regarding treatment, my health care representative is authorized make any and all health care decisions for me, including the decision to accept or refuse any treatment, service or procedure used to diagnose or treat my physical or mental condition and the decision to provide, withhold or withdraw life support systems, except as otherwise provided by law which excludes for example psychosurgery or shock therapy.

I direct my health care representative to make decisions on my behalf in accordance with my wishes, as stated in this document or as otherwise known to my health care representative. In the event my wishes are not clear or a situation arises that I did not anticipate, my health care representative may make a decision in my best interests, based upon what is known of my wishes.

If\_\_\_\_\_\_is unwilling or unable to serve as my health care representative, I appoint\_\_\_\_\_\_to be my alternative health care representative.

I further instruct that as required by law my attending physician disclose to my health care representative protected health information regarding my ability to understand and appreciate the nature and consequences of health care decisions and to reach and communicate an informed decision regarding treatment at the representative's request made at any time after I sign this form

I choose not to provide Health Care Instructions, please go to the next page.

(Initial here)



## LIVING WILL or HEALTH CARE INSTRUCTIONS

If the time comes when I am incapacitated to the point when I can no longer actively take part in decisions for my own life, and am unable to direct my physician as to my own medical care, I wish this statement to stand as a statement of my wishes.

I,\_\_\_\_\_, the author of this document, request that, if my condition is deemed terminal or if I am determined to be permanently unconscious, I be allowed to die and not be kept alive through life support systems.

By terminal condition, I mean that I have an incurable or irreversible medical condition which, without the administration of life support systems, will, in the opinion of my attending physician, result in death within a relatively short time. By permanently unconscious I mean that I am in a permanent coma or persistent vegetative state which is an irreversible condition in which I am at no time aware of myself or the environment and show no behavioral response to the environment.

### Specific Instructions

Listed below are my instructions regarding particular types of life support systems. This list is not allinclusive. My general statement that I not be kept alive through life support systems provided to me is limited only where I have indicated that I desire a particular treatment to be provided.

	Provide	Withhold
Cardiopulmonary Resuscitation		
Artificial Respiration (including a respirator)		
Artificial means of providing nutrition and hydration		

Other Specific Requests		

I do want sufficient pain medication to maintain my physical comfort. I do not intend any direct taking of my life, but only that my dying not be unreasonably prolonged.



# DOCUMENT OF ANATOMICAL GIFT

	I make no anatomical gift at this time.				
I hereby make this anatomic	al gift, if medically a	icceptable, to	take effect upon m	y death	
I give: (check one)	any needed org	gans or parts		(Initial here)	
	□ only the follow	ing organs or	parts		
To be donated for: (check on	e)				
□ any of the purposes state	d in subsection (a)	of section 19a	a-279f of the genera	l statutes	
□ these limited purposes _					
	SIGNATION OF A CO				
I choose not to designate a p	erson to be appoint	ted as my cor	iservator.	(Initial here)	
If a conservator of my person sh	hould need to be appo	pinted. I design	ate		
appointed my conservator. If th					
designate	•	-		••	
either of them in any jurisdictio					
These requests, appointments, a party receiving a duly executed o actual notice of my revocation o	copy or facsimile of this	s document ma	y rely upon it unless suc	h party has received	
party receiving a duly executed	copy or facsimile of this		y rely upon it unless suc	-	
party receiving a duly executed	witnesses witnesses witnesses or presence by elighteen years of ag waith care decisions at nce. We have subscri	s document mar L.S. S' STATEMEN ge or older, of a the time this	y rely upon it unless suc DATE: TS sound mind and able t document was signed	h party has received 20 the author of this to understand the . The author appeared	
party receiving a duly executed of actual notice of my revocation of X	witnesses witnesses witnesses of it. Witnesses with care by with care decisions at nce. We have subscri sence of each other	s document mar L.S. S' STATEMEN ge or older, of s the time this bed this docur	y rely upon it unless suc DATE: TS sound mind and able t document was signed	h party has received 20 the author of this to understand the . The author appeared resence and at the	
party receiving a duly executed of actual notice of my revocation of X	witnesses witnesses witnesses of it. Witnesses with care by with care decisions at nce. We have subscri sence of each other	s document mar L.S. S' STATEMEN ge or older, of s the time this bed this docur	y rely upon it unless suc DATE: TS sound mind and able to document was signed nent in the author's p	h party has received 20 the author of this to understand the . The author appeared resence and at the	
party receiving a duly executed of actual notice of my revocation of X	witness witness witnesses with care decisions at nce. We have subscri sence of each other witness Full Name	s document mar L.S. S' STATEMEN ge or older, of s the time this bed this docur	y rely upon it unless suc DATE: TS sound mind and able t document was signed nent in the author's p	h party has received 20 the author of this to understand the . The author appeared resence and at the 	



#### **OPTIONAL FORM**

#### WITNESSES' AFFIDAVITS

STATE OF CONNECTICUT

:SS. \_\_\_\_\_

(Town)

County of: \_\_\_\_\_

We, the subscribing witnesses, being duly sworn, say that we witnessed the execution of these health care instructions, the appointment of a health care representative, the designation of a conservator for future incapacity and a document of anatomical gift by the author of this document; that the author subscribed, published and declared the same to be the author's instructions, appointments and designation in our presence; that we thereafter subscribed the document as witnesses in the author's presence, at the author's request and in the presence of each other; that at the time of the execution of said document the author appeared to us to be eighteen years of age or older, of sound mind, able to understand the nature and consequences of said document, and under no improper influence, and we make this affidavit at the author's request this \_\_\_\_\_\_ day of \_\_\_\_\_\_, 20\_\_\_\_.

X	Witness	X	Witness
	Full Name		Full Name
Street:		Street:	
<u>City, State, Zip:</u>		<u>City, State, Zip:</u>	
Subscribed and sworn to	before me by		and
	,	the signing witnesses to	the foregoing affidavit this
(	day of, 20		

Commissioner of the Superior Court Notary Public

My Commission Expires: \_\_\_\_\_

Print or type name of all persons signing under all signatures